



# Hoe sorg ek vir my liggaam?

Vel, naels, voete en hande:

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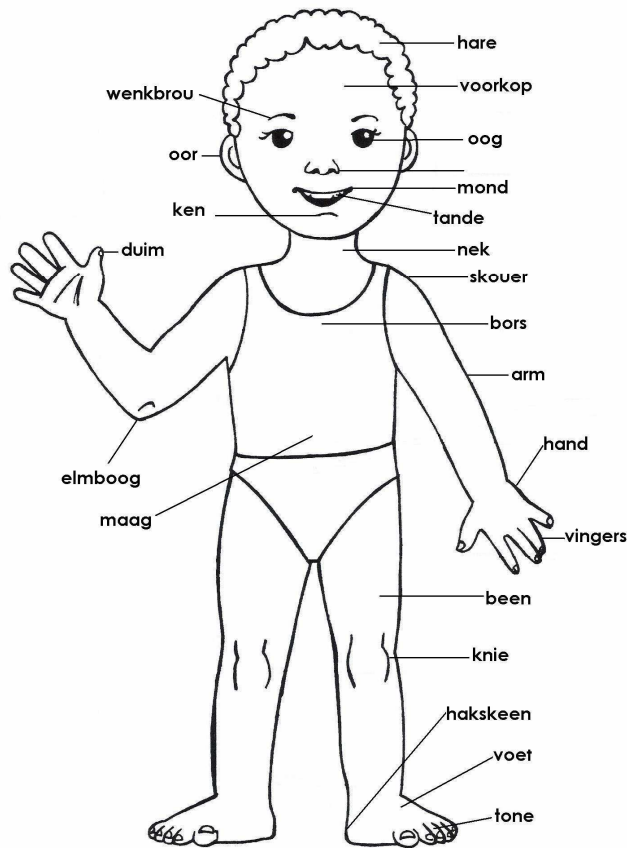
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Oë, ore en neus:

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Tande:

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Hare:

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